

Alcohol, Tobacco and Other Drug

Video Catalog Update

Spring, 2000

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This publication consists of new video titles that are available for loan free of charge to any organization in the State of Maine.

For a copy of the 1995-1997 full catalog (106 pages),
or the July, 1997 Update (28 pages),
visit OSA's web page at
<http://www.state.me.us/dmhmrsa/osa>
scroll to the bottom and
click on the links to the Audiovisual catalogs.

If you do not have access to the web,
call the Information and Resource Center for a copy.

In accordance with federal and state laws, the Maine Office of Substance Abuse does not discriminate on the basis of gender, race, color, national origin, creed, disability or age in admission or access to treatment, services or employment in its programs and activities.

This publication may be made available in alternate formats upon request.

ADDICTED

Grade Level: 9-12, Adult

Details: 59 min., 1997, NCADI

Synopsis: This video is hosted by Linda Ellerbe and uncovers the faces of addiction amidst facts and figures about disease, violence and death caused by substance abuse. The faces presented are of all ages, races, and sexes, and are poor and rich, uneducated and schooled. They all have in common a past need for heroin, cocaine or crack, alcohol or nicotine, and each has a story of recovery.

ADDICTION DISEASE (DAVID OHLMS)

Grade Level: Adult

Details: 59 min., 1993, GWC, Inc.

Synopsis: This is the logical evolution of Ohlms' classic, *The Disease of Alcoholism*. Dr. Ohlms explains the mounting evidence that all chemical addiction arises from the same neuro-chemical processes. This video is presented in three twenty-minute segments.

AMERICA...TAKING BACK OUR YOUTH

Grade Level: Adult

Details: 90 min., 1998, Army Aviation & Safety Division

Synopsis: This May 1998 teleconference, sponsored by the Weed and Seed Office of the Department of Justice, discusses the link between child maltreatment, substance abuse and juvenile delinquency. Featured speakers discuss anti-drug education focusing on at-risk youth, youth courts, truancy prevention programs, and youth outreach programs that use the military as role models. At-risk youths who have been involved in these programs discuss their experiences and the manner in which the programs have impacted their lives.

AN AMERICAN SIGN LANGUAGE INTERPRETATION OF THE TWELVE STEP PROGRAM

Grade Level: Adult Signed/Open Captioned

Details: 55 min., 1993, Minn. Chemical Dependency Program

Synopsis: This video has twelve segments--each segment is signed and deals with one of the twelve steps of A.A. The manual entitled: "Clinical Approaches: A Model for Treating Chemically Dependent Deaf and Hard of Hearing Individuals," can be borrowed separately.

AS TOUGH AS NECESSARY (INST. PKG.)

Grade Level: Adult

Details: 4 @ 20 min., 1997, National Educational Service

Synopsis: This is a video workshop in which teachers and administrators can learn together how to create a school climate that helps children acquire the values and skills they need to support the educational process. The workshop provides

guidance to educators who want to find a humane but firm way to teach disruptive students positive strategies for coping with frustration, disagreement, and even insults. . (This package contains all four videos and guide.)

1) **Key Principles.** An overview of the Discipline with Dignity approach to classroom management that emphasizes the importance of treating students with dignity, teaching responsibility, modeling and teaching the desirable behaviors, and adopting effective discipline strategies.

2) **Creating a Climate of Prevention.** A presentation of five crucial elements of a classroom climate that can prevent much of the undesirable behavior and lessen the severity of the disturbances that do occur.

3) **Intervention Techniques.** Demonstrations of strategies including a six-step process for diffusing power struggles, with special application to group situations in the second half.

4) **Resolution.** Techniques for restoring harmony and successfully reintegrating students back into the classroom after dealing with disruptive behavior.

BEHIND THE SMOKE SCREEN: FACTS ABOUT TOBACCO USE

Grade Level: 6-12

Details: 30 min., 1997, Films For The Humanities

Synopsis: This program tries to persuade viewers not to smoke or chew tobacco, and coaches them on how to quit if they already do. The focus is on the toll which nicotine takes on the body. Graphic examples of people with emphysema, chronic bronchitis, cancer of the larynx, and cancerous mouth lesions drive home the point. The effects of smoking during pregnancy, cigar smoking, and secondary smoke are also addressed. Overall, tobacco use is portrayed as an overwhelmingly undesirable habit, likely to hinder social and job prospects, as well as shorten one's life.

BETTER WAY (A) - RESPONSIBILITY PT. 1

Grade Level: Adult

Details: 19 min., 1999, FMS Productions, Inc.

Synopsis: This video guides inmates to understand they are responsible for being where they are. (Parts 1, 2, and 3 all feature Danny Trejo and Sam Hardy)

BETTER WAY (A) - DECISIONS PT. 2

Grade Level: Adult

Details: 19 min., 1999, FMS Productions, Inc.

Synopsis: Suggests things that prisoners can do while still incarcerated.

BETTER WAY (A) - CHANGES PT. 3

Grade Level: Adult

Details: 19 min., 1999, FMS Productions, Inc.

Synopsis: Changes - What to look out for upon release.

BREAKING TIES

Grade Level: Adult

Details: 55 min., 1996, Pyramid Media

Synopsis: Overcoming the weight of poverty is a struggle for three teens, Nicole, Dimetria and Chris. They labor through the stress and uncertainty of family life with members who are unemployed, substance abusers, or suffering work related injuries. They demonstrate that dreams and desires are the first steps in the long process of breaking the ties of poverty.

BROTHER EARL PRESENTS A DESIGN FOR LIVING

Grade Level: Adult Closed Captioned

Details: 37 min., 1994, Hazelden

Synopsis: Offers corrections professionals and inmates an indepth description of the Twelve Step programs.

BUILDING A SAFE AND RESPONSIVE SCHOOL CLIMATE

Grade Level: Adult

Details: 45 min., 2000, NEA Safe Schools Now

Synopsis: Creating safe, responsible, and respectful environments for young people takes the will and commitment of the whole community. This 2/24/2000 broadcast looks at the components that go into establishing a nurturing and predictable school climate. A range of activities in two communities – Richmond, Virginia and Eugene, Oregon – will show how school, home, and community can work together to help young students succeed in school.

“CD...A DISEASE OF DENIAL” AND “CD & VOCATIONAL REHABILITATION”

Grade Level: Adult Signed/Closed Captioned

Details: 90 min., 1993, Minn. Chem. Dep. Program

Synopsis: This two part video is presented by Cynthia Weitzel, Consultant with the Minn. CD Program. This is a professional development forum. Ms. Weitzel helps professionals understand the process of a Deaf Person or Hard of Hearing person trying to access help for their chemical dependency and the different processes. This includes: Interview, assessment, evaluation, treatment and aftercare. The first part of the video is Chemical Dependency and Vocational Rehabilitation. The second part of the video talks about chemical dependency and special issues for deaf clients.

CHALK TALKS SERIES:

1) ADDICTION AND THE ELDERLY (FATHER MARTIN)

Grade Level: Adult

Details: 45 min., 1997, Kinetic, Inc.

Synopsis: Father Martin stresses that there are many reasons why addiction is growing among the elderly. Age itself, affluence, availability and loneliness as well as a feeling of uselessness.

2) GRATITUDE (FATHER MARTIN)

Grade Level: Adult

Details: 35 min., 1988, Kinetic, Inc.

Synopsis: The 12th step: Having had a spiritual awakening as a result of the steps, we try to carry this message to the alcoholic and to practice these principles in all our affairs. Real gratitude is the 12th step, gratitude in action. Gratitude is the hinge on which the sober life swings.

3) ONE DAY AT A TIME (FATHER MARTIN)

Grade Level: Adult

Details: 32 min., 1985, Kinetic, Inc.

Synopsis: Most alcoholics ask all kinds of questions about the future. Will I be drinking five years from now? Will my family ever love me again? Will I ever pay off all my debts? Easy does it!!! answers AA. Rome wasn't built in a day. Father Martin says that the key is to prepare before you execute.

4) SYMPTOMS OF ALCOHOLISM (FATHER MARTIN)

Grade Level: Adult

Details: 22 min., 1972, Kinetic, Inc.

Synopsis: Who is an alcoholic? Do you know one? Is there one in your family? Could you be one yourself? Father Martin explains the symptoms of alcoholism.

5) VALUES (FATHER MARTIN)

Grade Level: Adult

Details: 42 min., 1986, Kinetic, Inc.

Synopsis: Young people must face a lot of social problems - addictions, promiscuity, prostitution, vandalism, suicide, cults. At the basis of it all is a grasp of ones own value or self worth. Keep asking “What am I worth?” I am made to walk tall and I do not have to be tall to walk tall!

CHALLENGE TO CARE (A)

Grade Level: Adult

Details: 35 min., 1990, VIDA Health Com., Inc.

Synopsis: A Challenge To Care is a staff training program for professionals working with childbearing women and their children.

CHASING THE DRAGON: HEROIN ADDICTION (DELBERT BOONE)

Grade Level: Adult

Details: 49 min., 1997, GWC, Inc.

Synopsis: Recovering heroin addict, Delbert Boone, discusses first hand the issues surrounding heroin use; it's effects on the user mentally, emotionally and physically. Clear explanations are given on how and why people use, the negative places it takes them, and the devastating toll this drug has on the addict.

COMING TOGETHER ON PREVENTION

Grade Level: Adult

Details: 26 min., 1994, NIDA

Synopsis: This video presents three prevention models. "Reconnecting Youth" is a high school-based program aimed at high-risk high school students. "Strengthening Families" provides parenting skills to their children. "Project Star" is a multifaceted community-based prevention program that uses schools, parents, media, community, and public policy to prevent drug abuse among youth.

COMPULSIVE GAMBLING: THE INVISIBLE DISEASE

Grade Level: Adult

Details: 20 min., 1994, CorVision

Synopsis: Almost everyone gambles, but for some people gambling poses a real problem. Who are these people and why does gambling dominate their lives to the exclusion of everything else-family, friends, career, sometimes even personal health and safety? Compulsive Gambling effectively mixes historical and current clips of gambling and related activities to characterize this multi-billion dollar industry. In candid interviews with recovering gamblers, the video debunks the stereotype of gamblers as idle ne'er-do-wells. Interviews with three experts directly involved in the care of compulsive gamblers reveal both the scope of the problem and the differences even among professionals in its diagnosis.

CONFLICT RESOLUTION SERIES

Understanding how to keep your cool when emotions rise can mean the difference between an angry confrontation or a peaceful resolution. This two-part series on resolving conflict has been designed to open discussion on this issue. Each part presents two vignettes in which a confrontation is shown along with interviews with the participants who give their initial responses to the conflict. At the end of each vignette the actors rethink their roles and suggest alternatives to the confrontation.

1) CONFLICT RESOLUTION: STUDENT TO STUDENT CONFLICT

Grade Level: 5-12

Details: 19 min., 1997, Pyramid Media

Getting Even - A spilled coke, a new car, and a group of excited friends push Mike and Reggie toward a fist fight in this example of peer pressure and its potential to incite violence. **He Said, She Said** - When a network of hearsay and innuendo leads to rumors that jeopardize Cory and Mara's friendship, both students and their friends learn a valuable lesson in interpersonal communication.

2) CONFLICT RESOLUTION: STUDENT TO ADULT CONFLICT

Grade Level: 5-12

Details: 10 min., 1997, Pyramid

I Want it Now - When Tracy can't get the information she needs from her teacher, a heated argument ensues in front of the entire class, leaving both participants embarrassed. **Get Out** - A store owner mistakenly believes that a group of students have stolen from him. His accusations are met with disapproval and an unfortunate act of theft that could have been avoided.

CRIME TODAY...PROBLEMS AND PERSPECTIVE

Grade Level: Adult

Details: 168 min., 1998, Florida Reg. Policing Instit.

Synopsis: This May 1998 teleconference, primarily targeted to law enforcement agencies, presents an overview of the nationwide Community Oriented Policing philosophy. The broadcast takes a "problem-solving" approach. Video segments are used to assist in exploring current issues and suggesting strategies for small town and rural environments. Program topics include segments on combating drugs, drinking and driving, juvenile crime, initiating community projects and deterring crime in rural and small town areas. The two tapes for this program are loaned separately. 1) Tape 1-50 min. 2) Tape 2-118 min.

DATING VIOLENCE

Grade Level: 9-12, Adult Closed Captioned

Details: 13 min., 1996, CorVision

Synopsis: Nearly 10 percent of America's teenage girls will be victims of dating violence by the time they graduate from high school. For many young girls, having a boyfriend becomes the most important thing in their lives. On the other side, abuse-prone boys use control to deal with their anger and insecurity in relationships. The relationships don't start out violent, they start out with the kind of jealousy or possessiveness a girl might interpret as love. This program takes viewers into a high school in Austin, Texas where teenage girls and boys are finding the courage to say "enough is enough" in a special program sponsored by the Battered Women's Center in Austin.

THE DEMING VIDEO TAPES

Grade Level: Adult

Details: 2 @ 47 min., 1991, Massachusetts Institute of Technology

Synopsis: Lecture by Edwards Deming about problems in business and how to solve them.

Tape 1) Module 1: Introduction, Module 2: Chain Reaction of Quality, and Module 3: The System - Common and Special Causes of trouble.

Tape 2) Module 4: The 14 Points for Management.

DIAGNOSIS ACCORDING TO THE DSM - IV

Grade Level: Adult

Details: 1994, Brooks/Cole Publishing Co.

Synopsis: Features ten diagnostic interviews with patients with a wide range of mood, anxiety, personality, and other disorders. Each interview is followed by a brief round table discussion.

Tape 1) 69 min.

Tape 2) 68 min.

Tape 3) 58 min.

DIARY OF A TEENAGE SMOKER

Grade Level: 7-12

Details: 26 min., 1991, Allantois Films

Synopsis: This video addresses many of the underlying reasons why young women smoke and why people start to smoke. It encourages young women to make informed decisions about smoking, health benefits of quitting and ways to quit.

DISCIPLINE WITH DIGNITY SERIES

Part 1) OVERVIEW

Grade Level: Adult

Details: 17 min., 1991, Kinetic

Synopsis: Dr. Richard Curwin and Dr. Allen Meddler introduce the "Discipline with Dignity" concept - a group of three discipline methods that will work in any classroom - Prevention, Action and Resolution. Through brief dramatizations, this program also explores how reducing stress, providing substitute outlets for feelings and using humor in the classroom can help prevent discipline problems.

Part 2) PREVENTION

Grade Level: Adult

Details: 16 min., 1991, Kinetic

Synopsis: Through dramatizations and interviews with teachers, this program trains participants how to prevent discipline problems, how to get students involved and make sure they understand what's expected of them and how to get input from both parents and administrators.

Part 3) ACTION & RESOLUTION

Grade Level: Adult

Details: 20 min., 1991, Kinetic

Synopsis: Prevention is the most effective way of dealing with discipline problems, but because there are students who still break the rules, disciplinary action must be taken. Dramatizations demonstrating both good and bad examples of the P.E.P. (Proximity, Eye Contact and Privacy) method are shown. By Using P.E.P. and de-escalating power struggles in the classroom teachers can avoid serious problems. Other "resolution" methods are also demonstrated.

DON'T KILL YOURSELF: ONE SURVIVORS MESSAGE:

Grade Level: 9-12

Details: 25 min., 1998, Kinetic

Synopsis: This is the story of a young man, David, who, at 16 years of age, survived a suicide attempt. Now 22, he shares the events of his life leading up to the attempt, including how low self-esteem led to drug addiction, and how the addiction encouraged the sense that life was no longer worth living, David goes on to describe the suicide attempt, his recovery from addiction, and how he has since changed his life.

DREAMS OF DENIAL

Grade Level: 7-12, Adult Open Captioned/ Signed

Details: 23 min., 1993, Minnesota Chem. Dep. Prog.

Synopsis: The video tells the story of a chemically dependent young man, Mike, who in a dream meets a guardian angel called Ralph. Through the use of flashbacks of Mike's life, Ralph shows the ways that Mike has denied problems with using alcohol and other drugs. Ralph also points out that family, friends and treatment staff have given him support that he has rejected. Ralph met his death in an alcohol related train accident and gives Mike a strong warning, "Don't end up like me!" As the video ends we see Mike waking up from his dream. He does not heed Ralph's warning and begins his day with another drink. This package includes a 23 minute videotape and a leaders' guide.

DRINKING AND DRIVING

Grade Level: 9-12, Adult

Details: 15 min., 1997, AGC

Synopsis: Driving while intoxicated is the most frequently committed violent crime, and alcohol abuse is the number one drug problem among young people. This program presents the true story of Lennie Allen James, who died in an alcohol-related accident at the age of eighteen. Interviews with his parents and siblings reveal the great and talented person that Lennie was, and provide glimpses of what he could have become. A look at news coverage of the accident brings even more reality to this already horrific event, and viewers learn that it can happen to anyone at any time. The program next addresses what is being done to stop this violent crime. Visits to a sobriety checkpoint on a state highway and a county morgue, along with of alcohol-related car crashes show the dramatic results of drinking and driving.

DROPOUTS

Grade Level: 7-12

Details: 15 min., 1997, AGC

Synopsis: This video takes an in-depth look at the process of "dropping-out" and shows the alternatives that are available to teens who want to get an education, including night school and alternative school.

DRUG ADDICTION: THE PROMISE OF TREATMENT

Grade Level: 9-12, Adult

Details: 18 min., 1998, CAAS

Synopsis: The Physician Leadership on National Drug Policy is a group of thirty-seven nationally-renowned physicians who are examining the problem of substance abuse in this country and the policies our government employs to address this issue.

DRUG ABUSE TREATMENT IN PRISON: A NEW WAY OUT

Grade Level: Adult

Details: 23 min., 1994, NCADI

Synopsis: Describes two prison-based drug abuse treatment programs: Therapeutic Community and Drug Education model. It focuses on the effects on inmates and prison personnel and stresses the importance of continuity of care from prison to community.

EARLY RECOVERY ISSUES FOR OLDER ADULTS: CLINICIANS GUIDE

Grade Level: Adult Closed Captioned

Details: 21 min., 1996, Hazelden

Synopsis: This video addresses chemical dependency in older adults. It gives statistics and addresses special issues. Denial symptoms, consequences of combining alcohol and medications, and special treatment needs are addressed.

EVALUATING PREVENTION PROGRAMS

Grade Level: Adult

Details: 107 min., 1995, North Central Regional Laboratory

Synopsis: This self-directed workshop, *Evaluating Prevention Programs* is intended to be used by school and community personnel who want to do something about youth abuse of alcohol, tobacco, drugs, violence, and other conditions in their schools and communities. Its purpose is to present a framework for evaluating school and community efforts in planning and designing prevention initiatives to address complex and critical issues. The principles introduced in the video and guidebook can be used in the evaluation of curriculum, parent involvement initiatives, community recreation programs, and other efforts.

EVERYBODY'S BUSINESS 2: BUILDING BRIDGES SERIES

1) BRIDGES TO BELONGING

Grade Level: 9-12, Adult

Details: 75 min., 1995, NCADI

Synopsis: Noted researcher J. David Hawkins outlines the factors that put youth at risk of substance abuse, delinquency and other behavior problems. He then describes the protective factors that buffer those risks. As codeveloper of the Social Development

Strategy, Dr. Hawkins explains how this model promotes positive, healthy behaviors in young people and operates as a solid basis for prevention.

2) BRIDGES TO HEALTHY BEHAVIORS

Grade Level: 9-12

Details: 78 min., 1995, NCADI

Synopsis: Featuring Martha Harding and Keven Ringhofer, TARGET Resource Center, this session focuses on an important protective factor for youth--the setting of clear and consistent standards of behavior. They explain how adults can develop, and consistently communicate, effective rules and standards to young people. They also show how to empower youth by helping them set and promote their own standards of behavior.

3) BRIDGES TO THE COMMUNITY

Grade Level: 9-12, Adult

Details: 68 min., 1995, NCADI

Synopsis: Featuring Alice Halsted, National Helpers Network, Inc., this session provides an introduction to service learning--what it is, how it works and why it bonds young people to their communities, giving them opportunities for personal growth and a sense of belonging.

4) BRIDGES TO LEARNING

Grade Level: 9-12, Adult

Details: 60 min., 1995, NCADI

Synopsis: Bill Beacham, a pioneer in the use of peer tutoring as a prevention strategy, explains how to plan an effective peer tutoring program and train young people in the skills they need to be successful, responsible tutors.

FACES OF ADDICTION

Grade Level: Adult Closed Captioned*

Details: 34 min., 1997, Robert Wood Johnson Found.

Synopsis: This video is a completion of parts of three productions entitled: Flashback, 27th and Prospect, and Addicted. It shows many facets of issues for people addicted and those that care about them.

* NOTE: Only copy 1 of this is closed captioned.

FEEL FREE, DRUG FREE

Grade Level: 3-7

Details: 11min., 1993, CorVision

Synopsis: Youth is a time filled with strength and vibrancy, and is an unlimited opportunity for those who choose to live a life free of drugs and crime. This video features kids telling it straight to their peers and are making positive life choices as individuals.

FLASH JUDGMENTS INSTRUCTIONAL PACKAGE

Grade Level: 7-12, Adult

Details: 25 min., 1995, AGC Educational Media

Synopsis: Our first impressions of people act like the

flash of a camera, leaving positive or negative imprints. This program explores how these first impressions become labels that we place on others. Flash judgments can impact how we feel about others, what we expect from them, and ultimately how we interact with them. We all know that we have some biases or prejudices or at minimum strong feelings. But is our hidden biases, those attitudes we have that we don't think about, that creep into our behaviors without our awareness. This video comes with workbooks and a set of flashcards to help students examine this flash judgment.

FLOUR BABIES - SEXUAL RESPONSIBILITY AND TEENAGE PREGNANCY

Grade Level: 7-12

Details: 30 min., 1990, Media Guild

Synopsis: Every year an alarming number of teenagers become sexually active, and many of them become teenage parents. This video dramatizes a unique classroom experiment in which students were required to carry five pound sacks of flour as if they were real infants. The purpose of the experiment is to show teenagers what its like to be responsible for another human life, before it happens to them. Students learn that with the decision to have sex also come the possibility of a child.

411 DO: KIDS GETTING INVOLVED

Grade Level: 9-12

Details: 18 min., 1993, CorVision

The Ellington Connecticut Volunteer Ambulance Corps. relies on teens trained as EMTs to do the work of scarce adults. City Kids provides a place where kid can appreciate diversity, offers an alternative lifestyle to hoodlums and thugs, and works toward a peaceful, hate-free future. Children First teaches young people to be leaders and inspires them to contribute their time and talents to others. With the help of youth volunteers, Trevor's Campaign feeds 300 inner city homeless people in Philadelphia every night. Trevor started his nationally acclaimed program when he was 11 years old. This video is about kids getting out.. getting involved.. and starting new groups if necessary. Teens who keep busy and help others wind up helping themselves the most.

HALLUCINOGENS AND DESIGNER DRUGS

Grade Level: 9-12, Adult

Details: 30 min., 1995, GWC

Synopsis: Dr. David Ohlms discusses LSD and other hallucinogens. What are they? How do they work? Short term and long term effects, and dangers. Also the so called "designer drugs" that are gaining in popularity and share much in common with the hallucinogens of the 1960's.

HAPPY, HEALTHY, DRUG-FREE ME

Grade Level: K-3

Details: 2 @ 10 min., 1997, Annette Learning, Inc.

Tape 1: The program opens with an animated sequence which explains that each person is special. When feelings cause us to act in ways that are hurtful, then it's time to think about acting in different ways. Two vignettes then open a discussion of appropriate behavior when we're angry or upset. Ways of feeling good about oneself are reviewed. The video then explains that rules are sometimes needed to help us do the right thing.

Tape 2: As the program begins, three children are shown in stressful situations. Jocelyn nervously awaits her turn during show-and-tell time, Larry must make a hit during a baseball game if his team is to win, and Michael waits to see the principal after he's been involved in a spat. The three children exhibit some common signs of stress. The narrator explains that stress is a normal part of life, and isn't necessarily bad. The video then reviews various ways to relieve stress. The next segment discusses how friends can influence our moods and our behaviors. Sometimes friends may influence people to do dangerous things -- play with matches and firecrackers, drink alcohol beverages, or use tobacco product. The dangers of alcohol and tobacco are reviewed.

HEALING THE ADDICTED BRAIN SERIES:

Part 1) ADDICTION: OUT OF CONTROL

Grade Level: 9-12, Adult

Details: 30 min., 1999, FMS

Synopsis: Why does addiction reach a stage that is out of control causing addicts to neglect friends and families, their children, their lives? Etched deeply into the cells of the brain are memories of using drugs as a way to cope—memories that can trigger intense craving. A vivid demonstration reveals how a thought can change your feelings—your chemistry. Emotional stories reveal distorted thinking and lay bare the painful neglect of loved ones and children. Yet there is genuine reason for hope; an altered brain can become increasingly healthy when addicts learn new ways to think and to live.

Part 2) STAGES OF RECOVERY

Grade Level: 9-12, Adult

Details: 34 min., 1999, FMS

Synopsis: When a brain holds deeply embedded memories and habits—when it is trained for years to depend on drugs—it's not likely we can recover without help from others. Emotional stories reveal the challenge of each stage: wanting to stop, deciding to stop, overcoming the barriers to asking for help and accepting help. Recovery means much more than stopping a drug of choice. Real-life experiences help to open minds: Why should I work a Program? What's the value of ongoing support? Restoring the

brain's natural chemistry requires effort over time—building a new way of life.

Part 3) RELAPSE AND RECOVERY

Grade Level: 9-12, Adult

Details: 36 min., 1999, FMS

Synopsis: Imagine a steel trap with a powerful spring stretched to the limit; touch the hair trigger and WHAP! That's what a relapse trigger is like, a feeling, a thought, a smell, a person, place or thing...can trigger memories of using etched deeply into the brain—unleashing intense craving—which can lead back to full-blown addiction. Avoiding relapse means being prepared, creating strategies for coping with triggers. Recovery requires finding new, healthy ways to feel good, to stimulate the natural chemicals that give us a feeling of well-being. Over time, the brain begins to restore its natural balance. Free of addictive behaviors, doors can open to a whole new life.

HEROIN: LOSING EVERYTHING

Grade Level: Adult Closed Captioned

Details: 2 @ 40 min. each, 1998, Kinetic

Synopsis: Heroin has become the fastest growing addiction among today's young people. In this program, young heroin junkies provide a look at the horrors of heroin addiction. A dealer describes how he gets young clients addicted. A substance abuse counselor shows how heroin addiction works and how hard it is to permanently "kick" the habit. Two young junkies shoot up and talk about losing everything - their friends, families, and dreams - to heroin. Recovering addicts offer advice to at-risk young people on how to resist peer pressure and make healthy choices. Contains explicit language and graphic images.

HEROIN: THE NEW HIGH SCHOOL HIGH

Grade Level: 9-12, A

Details: 42 min., 1998, Kinetic

Synopsis: This ABC News *Turning Point* examines the increasing prevalence of heroin among today's teenagers and its devastating effects on users, their families, and their communities. Focusing on youths in Orlando, Florida, the program follows the lives of two teenage friends, both heroin addicts. One, an honor student, dies of a heroin overdose. Drug counselors discuss the difficulties in treating addicts because of the extreme euphoria produced by the drug. Families of addicts reveal how the drug destroys family life. Failure to stem the tide of heroin sale and use among teenagers is discussed by frustrated law enforcement officials.

HOW TO BECOME AN ALCOHOLIC

Grade Level: 6-8

Details: 13 min., 1998, Kinetic

Synopsis: Guided by host Joe Dempsey, the viewer is provided with the key answers about alcoholism.

Using four "volunteers" all aged 11-13, and with the help of some "digital dexterity". Joe demonstrates how each one of them, as adults, is destined to become an alcoholic. As each case is outlined we see the young people "morph" into adulthood. The audience learns that family history, environment, age of first use and quantity/frequency drinking choices are dominant factors in the process. The volunteers will also demonstrate several of the behavioral "warning signs" of early alcoholism.

HEROIN: WHAT AM I GOING TO DO?

Grade Level: Adult

Details: 27 min., 1997, Hazelden

Synopsis: The first part of this video describes the powerful allure of heroin and the using lifestyle, the initial illusion of control over the drug, and the inevitable fall into a life of coping and using. The second part reveals the overwhelming feelings of helplessness and desperation that brought these addicts as they talk about the need for honesty and surrender to begin recovery, their struggles to stay clean and the ultimate rewards of life without drugs.

HIGH ON LIFE NOT ON DRUGS

Grade Level: 9-12, Adult

Details: 40 min., 1995, Film Ideas

Synopsis: After interviewing teenagers with drug-related problems, Sergeant Bud Hulsey, a police officer in Kingsport, Tennessee, has developed a common-sense formula to help teenagers lead well-balanced, drug-free lifestyles. Sergeant Hulsey shares his formula in a educational and entertaining program.

HOW TO LOVE A SMOKER

Grade Level: 9-12, Adult

Details: 12 min., 1998, Altschul Group Corp.

Synopsis: This is a humorous look at an often difficult subject--trying to talk to someone about their addiction to smoking. Through visual and sound effects and a team of volunteers, narrator Joe Dempsey reviews the approaches that don't work: begging, nagging, bargaining and threatening. Next, the non-smoking volunteers, which include a best friend, a girlfriend, a daughter and a grandson, follow a three step process to encourage their loved ones to kick the smoking habit. Dempsey tells viewers not to give up--that attempting to help is the most important part they can play in this process.

I AM YOUR CHILD: THE FIRST YEARS LAST FOREVER

Grade Level: 9-12, College, Adult

Details: 29 min., 1997, Johnson & Johnson

Synopsis: The new research in brain development tells us of the vital importance of the relationship between care giver and child in the critical first years of life. New parents have a wonderful opportunity to help their child reach their full potential. This video

includes information on: Bonding and attachment - Communication - Health and nutrition - Discipline - Self-esteem, Child care and Self-awareness.

IT'S YOUR CHOICE: THE FACTS ABOUT SMOKING

Grade Level: 7-12, Adult

Details: 18 min., 1996, Aims Multimedia

Synopsis: Teisha is a high school student who smokes. Most of her friends do too. During a high school health class on the risks of smoking, a new student, Trevor, arrives Trisha invites Trevor to "the wall" to hang out. When he turns down a cigarette saying he doesn't smoke, an argument ensues about the political agenda of smokers and non-smokers. Back in the classroom, students continue their discussion about the risks of smoking, and they look at some advertising campaigns. In the end, a confused Teisha must weigh the pressure of her own desire to smoke against her obvious desire to make the right choices in life and be with the boy she likes.

INHALANT ABUSE (SIGNS & SYMPTOMS) -

DAVID OHLMS

Grade Level: Adult

Details: 30 min., 1995, GWC Productions.

Synopsis: Dr. David Ohlms explains what inhalants are, and how they work. Effects on the brain, other body systems and organs such as the liver and kidneys are examined as well as their effects on behavior.

INHALANTS

Grade Level: 5-8

Details: 20 min., 1996, United Learning, Inc.

Synopsis: This program addresses the documented increase in the usage of inhalants by young people. Because products containing inhalants are readily available, inexpensive, and not illegal, many people do not realize their potentially deadly effects. This program will educate its audience, both the uninitiated and those who may currently be involved with inhalants, and the reasons why to avoid these extremely damaging substances.

IN REAL LIFE: SEXUAL HARASSMENT IN SCHOOLS

Grade Level: 9-12

Details: 24 min., 1994, AGC

Synopsis: One of the most common detriments to a positive school environment is the presence of sexual harassment. Using realistic, everyday situations, this dramatic program introduces a variety of forms of sexual harassment, the complicated feelings it can evoke, and the actions students and adults can take to address it. This program comes with the leader's guide with suggestions for initiating conversation and developing appropriate strategies for addressing sexual harassment and providing a positive school environment.

IT CAN HAPPEN TO ANYONE

Grade Level: Adult

Details: 26 min., 1996, Hazelden

Synopsis: Alcohol is a part of our social fabric. For any older adults prescribed medications are also a fact of life. At any stage of life, alcohol and drugs can pose a serious threat to health, happiness and longevity. In this video Ed Asner helps viewers take a candid look at the role alcohol plays in the lives of some older adults.

THE JOY OF STRESS

Grade Level: Adult

Details: 56 min., 1995, Kinetic Inc.

Synopsis: Stress is an individual reaction; it can be fantastic or it can be fatal! The choice of how we respond is ultimately up to each of us. This program will explore the concept of stress and how it affects body, mind, and spirit. Learn how to use humor to break the patterns that cause stress and reframe them into positive, powerful and productive tools for change.

JUST A REGULAR KID: AN AIDS STORY

Grade Level: 9-12, Adult

Details: 34 min., 1989, Media Guild

Synopsis: A blood transfusion three years ago infected Kevin Casio with the AIDS virus. His parents try to protect him from the truth of his illness, but he stumbles onto the devastating news. When the other children at school learn of his illness, he is shunned by his former friends, threatened by others, and confronted with a movement to keep AIDS victims out of school. His best friend, Paul, finds himself in the middle of the conflict. For the sake of their friendship and his own conscience, Paul decides to find out the truth about AIDS from Kevin's doctor. What he learns helps him and his fear and ignorance surrounding the disease.

KIDS NEXT DOOR

Grade Level: 7-12, Adult

Details: 15 min., 1997, Film Ideas

Synopsis: Five children all have hopes and dreams for the future, they are also all infected with the HIV virus, Jeffrey, Philip, Shanti, Hydeia and Kristy speak about school, family life, friends and what it is like having HIV. These children are between nine and thirteen years old, ethnically diverse, and live in a variety of family situations. They are all active, bright children who are just like the child next door, but with a different kind of challenge in their daily lives, living with HIV. This video teaches viewers about AIDS and that the children with HIV are just like them. Seeing AIDS through a child's eyes helps dispel some of the misconceptions about AIDS and offers another different point of view of this life-threatening epidemic.

LEARNING THE RULES OF COMPETITIVE DOUBLE DUTCH: THE AMERICAN D.D.

Grade Level: Adult

Details: 20 min., 1997, NCADI

Synopsis: This video outlines the prevention activity of double dutch rope jumping. It interviews students and adults about the role this sport has had in enhancing healthy behaviors. It gives instructions and rules of the game.

LET IT NOT BE IN VAIN

Grade Level: 9-12, Adult

Details: 44 min., 1998, Media Guild

Synopsis: This true story of a teenager's suicide resulting from alcohol abuse is told by his family and friends. Viewers learn how to recognize the symptoms of acute alcohol intoxication and what to do when a friend exhibits these symptoms. They also learn the warning signs for suicide and how to respond to a friend who may be feeling depressed, angry, hopeless and/or helpless. The video begins with a class lecture given by the teenager's mother. Interviews with friends and family help recreate his last hours. This video will stimulate class discussion about preventing major causes of death in young people.

LET'S HELP YOUTH STAY DRUG FREE SERIES

1) SECRETARY'S INITIATIVE: NEW GOALS, NEW RESOURCES

Grade Level: Adult

Details: 117 min., 1997, NCADI

Synopsis: This is the first SAMHSA/CSAP broadcast (from the October 22, 1997 teleconference) to help "kick off" the HHS Secretary's Youth Substance Abuse Initiative. A live panel of experts from States and communities discuss the latest in the science and practice of youth substance abuse prevention. Model programs that use collaborative, public-private partnerships for prevention are highlighted.

3) BUILDING HEALTHY COMMUNITIES: PARTNERSHIP AND COLLABORATIONS

Grade Level: Adult

Details: 115 min., 1998, NCADI

Synopsis: This March 10, 1998 teleconference focuses on partnerships and comprehensive prevention strategies for States and communities. The videocassette emphasizes the vital roles that parents, schools, businesses, law enforcement and juvenile justice partnerships, faith communities, local anti-drug coalitions, and State and local government play in preventing youth substance abuse.

4) PARENTS: THE FIRST LINE OF DEFENSE IN PREVENTION

Grade Level: Adult

Details: 90 min., 1998, NCADI

Synopsis: This May 1998 teleconference focuses on the vital role of parents in preventing youth substance abuse. Strategies on "how to talk to your kids about drugs" are discussed. Subtopics include: reaching parents in the workplace for parent training purposes, the possibility of a national parent anti-drug initiative, and gender differences regarding attitudes towards drugs and drug use.

LIFE SKILLS TRAINING

1) ABSTINENCE

Grade Level: 6-12

Details: 10 min., 1996, Syndistar

Synopsis: How to avoid risky situations and ways to say "no".

2) COMMUNICATING WITH PARENTS

Grade Level: 6-12

Details: 10 min., 1996, Syndistar

Synopsis: The objective of communicating with Parents is to equip young people with the skills needed to listen and talk effectively with their parents. By applying effective communication techniques, teens can gain their parents respect, along with the trust and independence they are seeking.

3) DEALING WITH ANGER

Grade Level: 6-12

Details: 10 min., 1996, Syndistar

Synopsis: Learning ways to effectively handle anger is essential to human development and to one's success in all relationships. While knowing that anger is a normal emotion, it is important that teens become aware that the effects of anger can lead to irrational thoughts and ultimately, destructive consequences. By learning to manage anger through their thoughts, young people can handle anger in a positive and nonviolent way.

4) IMPROVING YOUR SELF-ESTEEM

Grade Level: 6-12

Details: 7 min., 1996, Syndistar

Synopsis: Two narrators introduce the issues of self-esteem and self-confidence from a teen's point of view. A group of young people candidly discuss their own feelings about these issues. The narrators introduce skills that help young people build and maintain a healthy attitude and self-esteem. They also introduce descriptive vignettes illustrating young people using positive thinking and positive action skills to attain their goals and deal effectively with the ups and downs of life.

5) MAKING GOOD DECISIONS

Grade Level: 6-12

Details: 8 min., 1996, Syndistar

Synopsis: The teen years are a time when young people are facing many social pressures and, at the same time, making choices that will affect their

futures. It is important that teens learn to face dilemmas confidently and make good decisions. Equipped with simple and effective decision-making techniques, teens will be able to think fast in a pressure situation or, carefully plan a long-term decision. By evaluating the results of both good and bad decisions teens learn from their own experiences; whether successes or mistakes.

6) REFUSAL SKILLS FOR HEALTHY LIVING

Grade Level: 6-12

Details: 12 min., 1996, Syndistar

Synopsis: Narrated by two teens, David and Michelle, this video addresses the problem of peer pressure from a teens point of view. Teens throughout the video talk about the pressures they commonly face in both school and social situation. Steps to refusal skills is explained and scenes illustrate teachings.

LIVING SOBER SERIES :

Grade Level: Adult

Details: 19 tapes, 1994, GTR

Synopsis: This series is a tool for treatment professionals to support their programs with guidance on specific coping skills needed by their clients during recovery. This series is divided into nineteen separate segments, each focusing on an important recovery issue. This solution-based program has been created to maximize viewers' involvement to create their own strategies for coping and working a successful recovery: helping them make connections between what they think, how they feel, and how they act. Each title is short and dramatic, featuring vignettes that dramatize realistic situations as well as interviews with actual individuals in recovery.

LIVING SOBER SERIES I:

A) Resisting Social Pressures To Use Alcohol - 12 min.

B) Coping With Cravings And Thoughts Of Using -12 min.

C) Managing Anger In Recovery -14 min.

D) Managing Feelings Of Boredom And Emptiness -15 min.

E) Coping With Family And Interpersonal Conflict -17 min.

F) Building A Recovery Network And Sponsorship -17 min.

G) Coping With Relapse Warning Signs -16 min.

H) Recovering From Crack And Cocaine Addiction -13 min.

LIVING SOBER SERIES II:

I) Motivation And Recovery -18 min.

J) Relationships #1 -24 min.

K) Relationships #2 -20 min.

L) Relationships #3 -27 min.

M) Other Addictions -20 min.

N) Balanced Living -20 min.

LIVING SOBER SERIES III:

O) Compliance with Aftercare and Outpatient Counseling - 23 min.

P) Low Motivation to Change or Seek Treatment - 21 min.

Q) Relationship to Therapist and Treatment Group - 21 min.

R) Compliance with Medications and Self-Help Programs - 17 min

S) Compliance with Lifestyle Changes -16 min.

LOST AND FOUND: YOUNG PEOPLE TALK ABOUT DEPRESSION

Grade Level: 5-9

Details: 21 min., 1996, Film Ideas

Synopsis: This video features eight young adults from age eleven to twenty, who discuss the sources, impact and aftermath of depression on their lives and describe the effects of depression on their feelings, actions, conversation and even their choice of clothing. Intended to stimulate discussions for young adults on the difficult issue of depression.

LOVE HURTS

Grade Level: 9-12, Adult

Details: 30 min., 1994, CorVision

Synopsis: This video examines the abusive relationship between two high school students. Christie is a straight "A" student and accomplished music pupil. Michael is a star basketball player who is worried that his talent on the court may not be enough to overcome his poor academic performance. They are drawn to one another out of mutual need. From the start, it is clear, however, that Michael needs Christie more than she needs him. Christie is torn. On the one hand she feels lucky to be Michael's girlfriend, and she tries to satisfy him. On the other hand she has talent and friends who encourage her to develop it. Faced with her ambivalence, Michael grows increasingly more controlling until his demands turn into threats, manipulation, verbal abuse and finally physical violence. Christie blames herself for the abuse. But eventually, she joins a support group with other abused young women. There she learns that she is not to blame for the battering. She learns to look at her relationship with Michael honestly. Christie begins to understand the dynamics of abuse and recognizes that she has choices.

MAGICAL MAKE-OVER

Grade Level: 7-12, Adult

Details: 34 min., 1996, Media Guild

Synopsis: Christine is an insecure young teen who feels invisible around guys. She wishes on a falling star that she could change herself into someone a cute new guy at school would take to the homecoming dance. To her amazement, a guardian angel is waiting at her home to grant her wish. The angel encourages her to be herself, but Christine insists on

being transformed into a cheerleader, a heavy metal fan, and a sleek fashion model complete with the appropriate bedroom furnishings, wardrobes and hair styles. Christine's belief that image is everything is shattered the night Scott McCord escorts her to the homecoming dance. She finally gains insight into her true personality and realizes she is better off being herself. Teen viewers will re-examine the importance of image. This drama's classic theme is "to thine own self be true."

MARIJUANA: THE ESCAPE TO NOWHERE

Grade Level: Adult, Closed Captioned

Details: 41 min, 1999, Hazelden

Synopsis: In this video, personal stories are interwoven with interviews from a treatment professional and a research pharmacologist to uncover the devastating effects of longterm marijuana use on the body, mind, and spirit. The video ends on a message of hope as recovering addicts share their accomplishments and dreams fulfilled since breaking the chains of marijuana addiction.

MENTORING: GIVING KIDS A MODEL TO STAY DRUG-FREE

Grade Level: Adult

Details: 120 min., 1999, CADCA

Synopsis: Mentoring can be a very effective drug prevention tool. Statistics show that kids who have mentors are less likely to use drugs. In this broadcast, CADCA partners with nationally recognized mentoring programs bring the latest information about successful mentoring. Representatives from the Florida and Tennessee National Guard present their most effective mentoring programs. The broadcast highlights community coalitions that have successful mentoring programs.

METH DEATH: A DEMON IN THE LAND

Grade Level: 9-12, Adult

Details: 29 min., 1998, Kinetic

Synopsis: A unique program on the latest known information regarding the inroads that Methamphetamines have now made. Describes what meth is, the effects of use, the cycle of abuse, precursor elements, physical effects, psychological effects, binge use, high intensity use, tweaking and information on spotting the dangers of a Meth user in "the tweaking zone." Also features interviews with "Becky and Becky's mother about the damage that has been done to her life and her struggle to overcome her addiction.

METH EFFECT (DAVID OHLMS)

Grade Level: Adult

Details: 20 min., 1997, GWC, Inc.

Synopsis: Dr. David Ohlms answers often asked questions about the dangers of Methamphetamine,

known by the street terms: speed, crystal, crank, ice, and meth. He addresses the powerful addictive nature of the drug, explaining how it stimulates the central nervous system, giving the user a "rush", before crashing them into a violence-prone depression as the effect of the drug wears off.

MID-WEST FORUM (LIVE) VIDEO

CONFERENCE: POLICY AND PREVENTION

Grade Level: Adult

Details: 80 min., 1991, MWRC for Drug-Free Schools

Synopsis: This video conference focuses on the need for coordinated development and implementation of state-level policies designed to prevent the use of Alcohol and Other Drugs (AOD) among young people. In the first hour of the program, diverse panelists examine how AOD policy decisions are made; how the lack of a comprehensive coordinated approach affects people and organizations responsible for implementing the policies; how, as a result, the final impact is sometimes different from what was intended; and examples of how some states are addressing this problem. The last 30 minutes of the program is a post broadcast discussion of the panel and studio audience.

MOVING AHEAD: RETHINKING PREVENTION GOALS AND OUTCOMES

Grade Level: Adult

Details: 42 min., 1995, North Central Regional Laboratory

Synopsis: Youth use of alcohol, tobacco, and other drugs and youth violence are two of the most critical issues facing families, educators, and communities. We live in a time when young people confront serious choices--whether or not to experiment with alcohol, tobacco, and other drugs; to join gangs; to arm themselves at school; and to engage in sexual activity.

MOYERS ON ADDICTION: CLOSE TO HOME

1) CHANGING LIVES

Grade Level: 9-12, Adult

Details: 81 Min., 1998, Films for the Humanities

Synopsis: While addiction may cause similar changes in the brains of different people, recovery is a very individual solution. Changing behavior is the aim of treatment, but no single treatment program will work for all addicts. This program visits the Ridgeview Institute near Atlanta to interview recovering addicts and sit in on a group therapy session. The program also visits Project Safe, an innovative treatment program that reaches out to disadvantaged mothers who are addicts, and to their children who are at serious risk of becoming addicts.

2)THE HIGHJACKED BRAIN

Grade Level: 9-12, Adult

Details: 57 min., 1998, Films for the Humanities

Synopsis: Aided by powerful new diagnostic tools, scientists are making dramatic discoveries about how addiction affects the brain. In this program, Moyers goes into the laboratory to follow researchers engaged in charting an “image of desire in the brain.” We actually see images of a cocaine user’s brain as the drug takes effect, and a doctor explains how these scans reveal addiction as a chronic relapsing brain disease. Moyers observes a genetic researcher as he monitors a variety of factors that may determine who is likely to develop alcoholism.

3) THE NEXT GENERATION

Grade Level: 9-12, Adult

Details: 57 min., 1998, Films for the Humanities

Synopsis: Experts are increasingly focusing on prevention efforts based on community and family. This documentary looks at two of those efforts. One works with parents addicted to heroin by teaching them how to repair the damage to family wrought by drug abuse, and in spite of it, how to raise strong, resilient children. In a second program, vigilant counselors in Dade County schools watch for kids at risk of becoming drug addicts, and offer immediate counseling for those who are already involved with drugs. Nicotine addiction is addressed by a program that provides classes designed to prevent students from smoking, and another that helps them stop if they’ve already begun to smoke. School officials, counselors, and students are interviewed.

4)THE POLITICS OF ADDICTION

Grade Level: 9-12, Adult

Details: 57 min., 1998, Films For The Humanities

Synopsis: The story of how our society meets the challenge of translating what scientists, doctors, counselors, and recovering addicts have learned into rational public policy is complex and sometimes contradictory. This program looks at Arizona’s recent struggle to find an alternative to current policies. Proposition 200 proposed a reassessment of the status of non-violent drug addicts now serving time, and emphasized treatment over incarceration. The movement was supported by an alliance from across the political spectrum. On the Washington scene, members of Congress, doctors, and policy activists have joined in a movement with recovering people that is pushing for new public policy.

5)THE PORTRAITS OF ADDICTION

Grade Level: 9-12, Adult

Details: 57 min., 1998, Films For The Humanities

Synopsis: In this program nine men and women—all recovering from drug and/or alcohol addiction—tell their stories. The recovering addicts run the gamut: a former narcotics agent, now recovering from a cocaine habit; a mother of three who is a marketing

specialist; a former-addict and founder of Stand Up Harlem, a community of HIV-positive addicts and recovering addicts; a journalist and former addict who actually served as the researcher for Moyers on the series. This candid testimony from people who have been there leaves little doubt that addiction can happen to anyone and so can recovery.

MULTIPLE CHOICE

Grade Level: 8-12, Adult

Details: 26 min., 1996, CorVision

Synopsis: Murder, rape, assault, armed robbery, kidnapping...violent crimes committed by kids are on the rise in this country. According to host Collin Siedor, attitudes toward kids and crime are changing, and so are the laws. Now when the law says 20 or 30 years for a crime, even teenagers are going to do the time. Viewers get a first hand view of what happens when kids get mixed up in violent crimes. Kids behind bars say that the biggest mistake of their lives was leaving school, not listening to parents and teachers, and getting in with the wrong crowd. For some, the last chance to learn respect for authority and their own freedom is a Youth Development Campus (YDC). At a YD, kids get to make one of two choices still left to them behind closed doors: Get used to school, learn the easy way from books and teachers...or the hard way... from iron and isolation.

MY POT VIDEO

Grade Level: 6- 12

Details: 16 min., 1997, Kinetic, Inc

Synopsis: A high school student, Mike Morgan (about 17 years old) tells the audience that he is assigned to make a video about marijuana. It seems “someone” found out that he was interested in producing videos and requests he produce it for other students. (We later get hints that he is doing the project for a judge after being caught with pot at school) After an off-the-wall “MTV” attempt, he is required to redo it in a more comprehensive manner. His second attempt follows him around, doing interviews and learning a great deal about pot. His last interview is with an old friend of his from grammar school who has become addicted. At the end of the video Mike admits he didn’t really know much about pot before and now hopes that his video might help some other kids avoid problems from its use.

MY WINGS GROW POWERFUL: DARE TO BE YOU

Grade Level: Adult

Details: 21 min., 1995, NCADI

Synopsis: This video explains pre-school parent education program called “Dare To Be You”. It shows interviews with parents engaged in this program in Colorado.

NASSAU BOCES: PROJECT SUPPORT

Grade Level: Adult

Details: 35 min., 1997, NCADI

Synopsis: This videotape introduces Project Support, whose 5-year goal was to detect whether mentoring intervention could reduce the dropout and substance abuse rates of Long Island middle school students. The intervention pairs teachers with students, in an attempt to give the child a “friend” who could steer the student in the right direction. Mentors provided tutoring and counseling on interpersonal issues and future aspirations. Students reported higher levels of self-confidence and interpersonal skills. In the 5 years that the program has run, both students and mentors have learned a great deal.

ONE FOR OVER THE LINE

Grade Level: 9-12, Adult

Details: 15 min., 1998, WABI-TV

Synopsis: This Maine Production re-dramatizes an auto accident in Glenburn. A teen drives after consuming alcohol. Two people are killed and two injured. The consequence, legal, and emotional - are acted out.

OPENING DOORS: TECHNIQUES FOR TALKING WITH SOUTHEAST ASIAN CLIENTS ABOUT ALCOHOL AND OTHER DRUGS

Grade Level: Adult

Details: 60 min., 1997, NCADI

Synopsis: This videotape demonstrates assessment and early intervention methods for Southeast Asian human service providers who work with Southeast Asian clients. This is achieved by the providers 1) becoming more active in the early identification, referral and intervention of substance abuse problems and 2) recognizing the unique aspects of substance abuse problems within Southeast Asian communities. Four staged interviews are included which demonstrate both methods. Two are conducted in Vietnamese, and two in Khmer (with English subtitles). Question and answer sessions and teaching points follow each interview, so that the tape can be paused to discuss each interview.

ORIENTATION TO DEAFNESS AND HEARING LOSS: IDENTITY, CULTURE, AND RESILIENCY

Grade Level: Adult Signed

Details: 75 min., 1996, Wright State Univ.

Synopsis: This set include two videos “Risk Factors and Resiliency” and “Hearing Loss, Identity and Deaf Culture”. It explains levels and types of hearing loss, and cultural norms of deaf individuals. Risk and resiliency factors for people who are deaf are examined.

OSADS - TREATMENT DATA SYSTEM TRAINING

Grade Level: Adult

Details: 120 min., 1997, OSA

Synopsis: This is a taped presentation of the Maine Office of Substance Abuse OSADS data entry system conducted on June 19, 1997.

OUT OF THE TUNNEL- INTO THE LIGHT - STORIES OF RECOVERY FROM DUAL DISORDER

Grade Level: Adult

Details: 26 min., 1992, Hazelden

Synopsis: This video is filled with helpful information, support, and hope for clients who have recently been diagnosed with chemical dependency and a coexisting emotional or psychiatric disorder. People tell their own stories of what it meant and how they felt when they were diagnosed with both illnesses. These vivid and honest stories are enhanced by commentary from experts with direct experience in the diagnosis and treatment of dual disorders.

PARENTING IS PREVENTION SERIES:

Grade Level: Adult

Details: 4 @ 90 min., 1999, NCADI

Synopsis: This four part series of broadcasts focuses on parenting and what parents can do to raise healthy, drug free children. The main message is that parents matter. They play a vital role in prevention by the family environment they foster, the rules they establish, the examples they set, and the kind of supervision they provide.

Part 1) BUILDING HEALTHY FAMILIES, Pt 1

Part 2) BUILDING HEALTHY FAMILIES, Pt 2

Part 3) BUILDING ON THE PAST FOR A HEALTHY FUTURE

Part 4) BUILDING HEALTHY COMMUNITIES

PARENTS WHO CARE

Grade Level: Adult

Details: 117 min., 1997, Developmental Research & Programs

Synopsis: This video and book kit guides parents and demonstrates needed skills to help a teen move into adulthood. Four families struggle with issues and emotions that parents everywhere confront. Accompanying book gives more background information.

A PASSION FOR CUSTOMERS: TOM PETERS

Grade Level: Adult

Details: 31 min., 1987, Video Publishing House, Inc.

Synopsis: Tom Peters lectures about customer service. He gives specific examples in various businesses.

PEACE TALKS SERIES

Grade Level: 7-12

Details: 10 @ 27 min., 1997, Bureau For At-Risk Youth

Synopsis: These videos educate kids about violence in our society, the risks they face every day, and the positive choices they can make to stay safe. It prevents violence by teaching kids how to avoid dangerous situations, handle their own emotions, and use conflict resolution skills.

- 1) Preventing Violence**
- 2) Resolving Conflicts**
- 3) Managing Your Anger**
- 4) Bullies, Troublemakers: Dangerous Situations**
- 5) Respect Yourself, and Others**
- 6) Handling Dating Pressure**
- 7) Bridging Racial Divisions**
- 8) Handling Peer Pressure and Gangs**
- 9) Drugs, Alcohol and Guns**
- 10) Stepping Up to Peace**

POWER SURGE SERIES: HOT TOPICS FOR TEENS

Grade Level: 7-12

Details: 3 @ 16 min., 1995, The Bureau For At-Risk Youth

Synopsis: (See 1997 Update for Titles 1-7)

- 8) Power Surge Goals**
- 9) Power Surge Violence**
- 10) Power Surge Tobacco**

PRESCRIPTION TRAP - DAVID OHLMS

Grade Level: Adult

Details: 34 min., 1988, GWC

Synopsis: This video warns recovering people to keep their guard up against all medications and explains why.

THE PRESSURE ZONE

Grade Level: 7-12, Adult

Details: 11 min., 1997, Media Guild

Synopsis: This video presents two opposing forces which often use advertising to try to shape teenager's minds and bodies. One promotes the "perfect body" through a merciless regiment of muscle-building and dieting, while the other taps the essential essence: by means of medication and herbal remedies. Viewers learn that the adolescent growth spurt is a time of rapid growth and change. During puberty girls gain fat and boys lose fat and gain muscle. The Pressure Zone emphasizes the importance of accepting these changes and staying away from unsound weight loss programs, the use of steroids and "advertised gimmicks" which claim to prevent these natural changes. Teens learn self-acceptance and that their true worth comes from the inside out.

PREVENTION STORY: PROGRAMS THAT MAKE A DIFFERENCE

Grade Level: Adult

Details: 18 min., 1993, NCADI

Synopsis: The Prevention Story Highlights the first three stages of the health communications process: planning and strategy selection, selecting channels and materials, and developing and pretesting messages and materials and integrate communications into their overall prevention efforts. This videotape features positive examples of successful communications projects that were funded or supported by CSAP.

PREVENTION WORKS

Grade Level: Adult

Details: 66 min., 1995, CSAP

Synopsis: About various prevention programs: kids talk about their involvement and the difference it made.

PREVENTION WORKS: A CASE STUDY OF ALTERNATIVE PROGRAMS

Grade Level: Adult

Details: 8 min., 1997, CSAP

Synopsis: This video shows an alternative program, "Rope Not Dope," that has provided some inner-city girls with an alternative to using drugs. The program trains girls in the skill of Double Dutch Jump Rope, and the team has won the national championship. One girl on the team holds the record for the fastest jumps. As a result of her experiences with the program, she graduated high school at the age of 16 and is attending college. The video lists the important factors of programs that succeed in giving young people an alternative to drug abuse.

RAGE, RECIDIVISM AND RECOVERY

Grade Level: Adult

Details: 45 min., 1996, FMS

Synopsis: These videos focus on recovery from seemingly hopeless life situations. Three formerly violent, habitual offenders, confront the rage, hate and fear in their lives and demonstrate how it is possible to break the chain of recidivism. These men, with thirty collective years "behind the walls," have lived free and productive lives for more than twice that time. The turning point in their lives, the choices they made, the tools they have used, and the rewards they have enjoyed, make this video a motivator for change. A tool for those repeat offenders interested in making a personal plan recovery.

1) Part 1-20 min.

2) Part 2-25 min.

RAISING CHILDREN - IN TROUBLED TIMES SERIES

Grade Level: Adult

Details: 28 min., 1991, Kinetic, Inc.

Synopsis: This series is designed to help parents overcome the many obstacles in raising and supervising their children. Each video has several vignettes that depict problems that families face with

their children. These are followed by a discussion with a panel of parents. Every program has been developed with the belief that all children need strong, loving parents who have the right and duty to set and enforce rules of discipline. Parents will be given the strength and knowledge to take charge in their homes, to get children to do the things they're told to do on their own without having to be reminded.

- 1) **School Behavior**, 28 min.
- 2) **Fighting**, 28 min.
- 3) **Temper Tantrums**, 28 min.
- 4) **Lying**, 27 min.
- 5) **Chores**, 29 min.
- 6) **Sex**, 28 min.
- 7) **Studying**, 28 min.
- 8) **Curfews, Where Abouts**, 29 min.
- 9) **Homework**, 29 min.
- 10) **Peers**, 29 min.
- 11) **Parties, Concerts**, 28 min.
- 12) **Arguing**, 28 min.
- 13) **Togetherness**, 29 min.
- 14) **Bedtimes**, 29 min.
- 15) **Drugs**, 28 min.

RATIONAL EMOTIVE THERAPY SERIES

Grade Level: Adult Closed Captioned

1) ANGER

Details: 15 min., 1992, Hazelden

Synopsis: RET is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action as Pablo first responds to a realistic situation with anger, then is shown using RET to determine a healthier response to the same situation.

2) ANXIETY AND WORRY

Details: 15 min., 1992, Hazelden

Synopsis: This video delivers basic, useable information about Rational-Emotive Therapy. RET is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action as a simple mistake at first overwhelms Rebecca with anxiety before she applies RET to successfully resolve the situation.

3) DEPRESSION

Details: 15 min., 1992, Hazelden

Synopsis: Rational-Emotive Therapy is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action as Derrick first responds to disappointing news by "awfulness" the situation and fueling a deep depression. A friend then helps Derrick use RET to arrest his depression before it incapacitates him.

4) GRIEF

Details: 20 min., 1992, Hazelden

Synopsis: Grief is a normal reaction to loss, and can occur on many different levels. By using the RET process, people can identify areas of loss, challenge harmful beliefs, and grieve in a healthy way.

5) GUILT

Details: 20 min., 1992, Hazelden

Synopsis: Guilt can sometimes be a helpful feeling. But guilt that crosses the line into shame---feelings about yourself that pull down self-esteem or take away serenity---is destructive. By using the RET process, you can distinguish between round feelings of guilt and negative feelings of shame.

6) PERFECTIONISM

Details: 15 min., 1992, Hazelden

Synopsis: Rational-Emotive Therapy is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action both of home and in the workplace. Allison and Leonard are first seen hurting themselves and others with their perfection expectations. Revisited, the video shows how their situations improve when they apply RET.

7) SELF ESTEEM

Details: 20 min., 1992, Hazelden

Synopsis: Level of Self Esteem is important; it affects everything you do. The RET process helps you separate how you feeling about an event from you feel about yourself. By challenging unhealthy beliefs about, yourself, you can raise your level of self-esteem and avoid the destructive tendencies of chronic low self-esteem. Level of self-esteem is important and affects every aspect of life. The RET process helps separate and event from feelings about self. By challenging unhealthy beliefs, self-esteem can be raised and chronic low self-esteem can be avoided.

8) SHAME

Details: 15 min., 1992, Hazelden

Synopsis: Rational Emotive Therapy is introduced in the first part of this video through discussion, diagrams, and dramatic vignettes. The second part of the video highlights RET principles in action in Chantelle's classroom. Chantelle uses RET to realize that her self-esteem was damaged by childhood experiences, and that she can make decisions as an adult without shame.

9) UNDERSTANDING

Details: 15 min., 1992, Hazelden

Synopsis: RET teaches how to get control over anger, shame, anxiety, worry, depression, perfectionism, and other feelings that contribute to self-defeating behavior. By practicing RET regularly people can help themselves through the process of

recovery from addiction and mental health problems.

REACH OUT WITH HOPE-ADULT SUICIDE

Grade Level: Adult

Details: 19 min., 1992, Suicide Information & Education Center

Synopsis: This video, serves as an introduction to the issue of suicide among adults, provide viewers with an overview of some of the risk factors for adult suicide and characteristics that have been found to be common among adults who have committed suicide. In addition, the video provides some guidelines on how to assist an adult who is experiencing a suicidal crisis.

REASONS FOR HOPE

Grade Level: Adult

Details: 60 min., 2000, National Education Association Safe Schools Now

Synopsis: Community members from Littleton, Colorado discuss their healing processes and their hopes for the future. Another school system in Columbis, S. Carolina examines a school-community program called “Early Alliance” supporting young children, their families, and their teachers. This segment examines the ways in which home, school, and community can partner in teaching children to act and react in pro-social ways. Information on national trends in youth violence will be provided to help set a baseline of facts that will help separate myths from realities. In addition, and overview of factors to consider in developing school and community programs will be shared.

RECOVERING BODIES: OVERCOMING EATING DISORDERS

Grade Level: 9-12, Adult

Details: 35 min., 1997, Kinetic

Synopsis: There is increasing recognition that eating disorders among the young are a serious public health concern. The focus in this video is not simply on people’s problems with food, but on a renewed hope for a healthy life that the process of recovery provides. The stories and testimonies of seven college students show the wide range of pressures that can lead to disordered eating, as well as the variety of psychological and physical symptoms involved and has continued information about successful strategies for recovery.

RELAPSE: THE ILLUSION OF IMMUNITY

Grade Level: Adult

Details: 28 min., 1998, Kinetic, Inc.

Synopsis: Claudia Black uses stories and electronic graphics to underline key points that deal with understanding and preventing relapse.

REMOTELY SCIENCE

Grade Level: K-8

Details: 22 min., 1995, NIDA

Synopsis: Produced by 8th graders. This video is mainly related to science with some information on a drug situation. (This kit includes 35 student magazines & 1 video)

RESPONSIBLE LIQUOR SALES

Grade Level: 9-12, Adult

Details: 20 min., 1996, Washington State Control Board

Synopsis: This video looks at responsible sales of liquor with focus on underage buyers and intoxicated buyers. It discusses having customers fill out a “License Certification Card” which helps to protect sellers from prosecution if customer is under 21.

THE ROAD WE TAKE: KIDS GROWING UP IN THE SHADOW OF AIDS

Grade Level: 6-8

Details: 17 min., 1996, Media Guild

Synopsis: This video promotes the good news that AIDS is preventable and that learning the facts, is the most important weapon against AIDS. It treats the sensitive issue of AIDS in a way appropriate for children while still helping them understand what AIDS is and how it can be prevented. It emphasizes the importance of learning about risky behaviors and how good choices will keep them from getting AIDS. Leanza Cronett, Miss America 1993, hosts the educational component as she talks to children about how the disease is transmitted, what it does to the immune system and what they need to do to keep safe. She emphasizes that peer pressure, drugs, and alcohol can impair judgment and lead to bad choices.

ST MICHAEL’S RETREAT

Grade Level: 7-12, Adult

Details: 30 min., 1997, Media Guild

Synopsis: Peer pressure can be an overwhelming influence and often overrides all other aspects of one’s life. St. Michael’s Retreat does not answer the questions of how to deal with peer pressure--it presents the elements involved in peer pressure and shows the importance of being true to one’s positive value system while under the pressure of peers. Set at a retreat house in the late 1950s, this period piece focuses on Michael Kellett. When a prank goes too far, Michael must decide whether to tell the truth or to take the easy way out and betray everything he believes in.

SAME DIFFERENCE

Grade Level: 7-12, Adult

Details: 38 min., 1996, Media Guild

Synopsis: This video tells the story of a Jewish family who moves into a predominantly Italian Catholic neighborhood. This is a Romeo and Juliet-like romance between two teens from different cultural and religious backgrounds. Their budding friendship pits their friends and relatives against each other. The contrast between prejudice and love will help

teens re-examine their own stereotypes about other cultures. Viewers will develop an awareness of the similarities between groups as they see how this neighborhood works out its differences.

SAYING GOODNIGHT TO THE SUN

Grade Level: Adult

Details: 30 Min., 1997, NCADI

Synopsis: This videotape profiles the Rural Providers conference, a gathering geared toward substance abuse prevention and intervention strategies for the Alaska Native population. Viewers are shown conference activities that stress the importance of creative power, which enables the Alaska Native community to preserve what is cherished and take ownership of what is happening in their lives. By taking ownership, they clarify their vision (to live alcohol/drug free lives), commit to carry forth the vision, and develop values which are consistent with their commitment and vision.

SECRET ADDICTIONS: WOMEN, DRUGS AND ALCOHOL

Grade Level: Adult

Details: 32 min., 1995, CorVision

Synopsis: Every socio-economic class has women who are addicted to drugs and/or alcohol. Some are rich, some poor, some are privileged, many have been victimized. What they have in common is a tendency to hide the addictions. This documentary offers insights from physicians, psychologists, and experts involved in recovery programs for women addicts, as well as from women telling their stories. The increasing number of women addicts present a serious societal problem with no easy answers.

SECRET ADDICTIONS: WOMEN IN TREATMENT

Grade Level: Adult

Details: 32 min., 1995, CorVision

Synopsis: Recovery is a hard task for all alcoholics and drug addicts. It can be especially difficult for women. Single and married women, mothers, and their children describe their own experiences in treatment and recovery. This documentary looks at some residential rehabilitation programs, and includes observations medical doctors, psychologists, and other professionals involved in the field.

SELLING ADDICTION

Grade Level: 9-12, Adult

Details: 19 min., 1992, Center for Media Library

Synopsis: This three-part discussion starter provides information to help facilitate the Selling Addiction Workshop. Hosted by actress Michael Learned, the video utilizes an in-depth group process to help understand the addiction problem. Typical commercials and advertising techniques are analyzed, target marketing and the myths of advertising are illustrated.

SILENT SUFFERING: SUBSTANCE ABUSE IN THE DEAF COMMUNITY

Grade Level: Adult, Open Captioned

Details: 30 min., 1993, Signs of Sobriety, Inc.

Synopsis: Alan Barinwiolek (ALB), a deaf actor who worked with Alcoholics Anonymous World Services of New York City to translate their publication, "Alcoholics Anonymous" into American Sign Language, hosts **Silent Suffering** and explores: Cultural Issues with Barbara Kannapell, Treatment Issues with Cynthia Weitzel and Recovery Issues with Betty G. Miller.

SMOKE-FREE CLASS OF 2000: TOO SMART TO START - TOO COOL TO SMOKE

Grade Level: 7-12, Adult

Details: 17 min., 1994, American Heart Association

Synopsis: This video looks at facts on tobacco use, the tobacco industry, advertising, and teens attitudes about smoking.

SMOKE-FREE CLASS OF 2000: USE THE FACTS - EXERCISE YOUR POWER

Grade Level: 7-8

Details: 11 min., 1994, American Heart Association

Synopsis: Using a documentary approach, the video depicts young people advocating for tobacco control. Their efforts include passing a local ban on cigarette vending machines, enforcing laws concerning tobacco sales to minors and petitioning state legislators about tobacco control.

SOMEONE TO TALK TO

Grade Level: 7-12

Details: 27 min., 1997, ACG

Synopsis: This video is a frank about the issues kids are facing and the emotional stakes for peer helpers. The video captures candid moments which reveal how the peer helpers' training in values, awareness, listening and other communication skills pays off when they're confronted with a difficult situation--whether it's a friend in crisis, a painful break-up, or a freshmen at war with her parents. This video show how disappointment, frustration and hard work are an integral part of the learning experience.

SPIT TOBACCO KILLS: EXTREME DANGER OF CHEWING AND DIPPING TOBACCO

Grade level: 9-12, Adult

Details: 28 min., 1996, Human Relations Media

Synopsis: Calling chewing and dipping tobacco "smokeless" makes this deadly substance sound as if it is safer than smoking. This program shows viewers that the nasty habit of dipping or chewing tobacco actually kills young people. Major Leagues baseball players and a rodeo cowgirl are among the speakers who tell kids that spit tobacco has no place in sports. Along with powerful testimonials from athletes, this video follows the case of 27-year-old Rick Bender, a former user of smokeless tobacco

whose cancer of the neck has left his face permanently disfigured. Hard-hitting and honest, this program aims to convince viewers that tobacco is deadly, no matter how you use it.

STEP VIDEO: SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (PKT)

Grade Level: Adult, Closed Captioned

Details: 120 min., 1997, AGS

Synopsis: Three videos demonstrate the STEP principles and provide contemporary examples with real parents. The videos include a training segment to acquaint new and experienced leaders with STEP's components and give suggestions for leading sessions. This course provides valuable training that improves communication among family members and lessens conflict. Easy to understand and apply: STEP skills that can be used immediately.

STONE'S THROW, (A)

Grade Level: Adult

Details: 6 min. 1994, FACE

Synopsis: This 5 minute film sensitively addresses adult behaviors toward alcohol and their impact on our kids, our communities and ourselves. The film gently urges us to reflect on our attitudes toward alcohol and empowers us to take individual and collective action—without preaching or using hard statistical data. It's a perfect meeting opener to get your audience thinking and open to new possibilities.

STORY OF HOPE

Grade Level: K-8, Adult

Details: 14 min., 1993, Children of Alcoholics Foundation

Synopsis: This video shows how counseling for children of alcoholics and their families can be effective. It reinforces the concept that education, and participation in a counseling or support program can help children of alcoholics and their families change their lives in positive ways.

STRANGER DANGER: PLAYING IT SAFE

Grade Level: K-5

Details: 18 min., 1998, Media Guild

Synopsis: This video shows children exactly what to do when approached by a stranger. Officer Dan take children from the playground to the mall and even the home to enact potentially dangerous scenarios. Officer Dan clearly explains the safest response in each situation in an informative, non-threatening manner. Children then enact his solutions making it even easier for young viewers to understand and remember the proper response.

SUBSTANCE ABUSE IN TODAY'S WORKPLACE

Grade Level: Adult

Details: 26 min., 1996, Pool & Crew

Synopsis: These videos are mailed as a kit, with

facilitators guide on a diskette.

Tape 1(11 min.) covers warning signs of substance abuse - how and when to broach the subject - drug and alcohol testing - how and when to accommodate -- implications of the Americans with Disabilities Act (ADA) - heavy equipment and truck operator's requirements - no tolerance policies.

Tape 2 (15 min.) covers when and how to terminate - recovery rates - recovery agreements - what to expect during recovery - confidentiality.

SUCCESS STORIES II SERIES:

Part 1) RELEASE DAY, WHERE DO YOU GO?

Grade Level: 9-12, Adult

Details: 48 min., 1998, FMS

Synopsis: This video deals with initial release. It can provoke participants to review personal history and recognize that things have not worked out the way they might have hoped. The challenge of successful release—the temptations and triggers that bring so many back to prison—are explored. Viewers discover that people who succeed are willing to ask for help. The value of programs becomes clear, and the importance of making a plan instead of letting the future simply happen. In considering this plan, participants look at the realities of successful recovery and the effects of their own thinking.

Part 2) FAMILY ISSUES, SUPPORT SYSTEMS

Grade Level: 9-12, Adult

Details: 33 min., 1998, FMS

Synopsis: Participants look at the effects of going home. Many will discover that their families may have changed—and that resolving the problems they will face is likely to take time. They look at how their own frustrations can lead to anger that will impact on their parenting. They are asked to deal with the possibility that they may need to avoid some old friends and places—to make new friends if they want to stay straight. Building a support system is a key. For those who succeed in release and recovery, the outcome can be a completely different life.

Part 3) WORK, ANGER, SELF-ESTEEM

Grade Level: 9-12, Adult

Details: 37 min., 1998, FMS

Synopsis: The frustrations of finding a job and starting at the bottom are explored. The question of whether to tell the truth on a job application is raised. Two key areas—anger and temptation—are considered. The value of preparing NOW, where you are, is made clear. The video ends with the themes of working your way up and what can happen when you earn trust and have something to offer—when you create a life you feel good about.

SUICIDE: A GUIDE TO PREVENTION

Grade Level: 7-12, Adult

Details: 22 min., 1998, The Noodlehead Network

Synopsis: In a kid- friendly way, this video clearly shows what kids can do if a fellow teen is talking about suicide or showing warning signs. Interviews with previously suicidal teens reinforce the importance of the roleplays that follow. Created by a group of teens and counseling experts, this video is also an excellent training tool for professionals who want to hone their skills in talking with kids.

TEACHING CHILDREN AFFECTED BY SUBSTANCE ABUSE

Grade Level: Adult

Details: 30 min., 1994, USDHHS

Synopsis: This is a tool for teachers and includes the following segments: building home/school connection, creating a maturing classroom; assessing for educational progress, encouraging cooperative learning, helping students manage their behavior, facilitating transitions, and minimizing distractions.

TEASING AND RUMORS

Grade Level: 6-12

Details: 11 min., 1996, Syndistar

Synopsis: Everyone has been teased at some point. Although it may seem “natural” for some youth to engage in teasing, it is important that they recognize it as unfair and unacceptable. What may seem to be “good-natured” and “harmless” to teasers, may in fact be misconstrued by the person being teased.

TEEN ISSUES SERIES

1) MARIJUANA

Grade Level: 6- 12

Details: 12 min., 1997, AGC

Synopsis: Viewers join members of the Los Angeles Police Department as they go on a drug bust, and learn that it is an everyday occurrence for them. A trip to the United States/Mexico border shows the huge quantity of marijuana confiscated by U.S. Customs officials. Viewers soon find out that this is only a small portion of what enters the country illegally. Finally, the physical effects of marijuana are reviewed, and the importance of prevention through education is emphasized.

2) STEROIDS

Grade Level: 9-12, Adult

Details: 15 min., 1997, ACG

Synopsis: To many teen athletes, steroids are seen as a quick and easy way to become bigger and stronger. In this program, interviews with former users and health professionals help present concrete information about this dangerous drug, including it’s physical and psychological effects. Viewers meet Steve Curwin, a former professional football player who went public about his steroid use and the prevalence of steroids in the NFL. Now a coach, Steve suffers from cardiomyopathy, a heart condition that he attributes to his steroid use. Another former

user reveals how his steroid use and obsession to be “big” led to dramatic mood swings and violent behavior. He reveals the hurt he caused his family and friends, and describes how the drug ultimately made him forget any goals he had.

TEENS TAKING ACTION : INTRODUCTION

Grade Level: 9-12, Adult

Details: 5 min., 1997, SAMHSA

Synopsis: Profiles teens who have worked as inspectors. Explains inspection process.

TEENS TAKING ACTION: CONSUMMATED VERSION

Grade Level: 9-12, Adult

Details: 22 min., 1997, SAMHSA

Synopsis: Explains process of doing consummated inspections and teens who have participated in them. Comments on what it was like.

THE TICKET BACK

Grade Level: Adult

Details: 49 min., 1991, Media Guild

Synopsis: A realistic portrayal of one woman’s nightmarish experiences as she tries to free herself from her abusive ex-husband. Linda Morris attempts to provide a normal, stable environment for her children despite the attempts of her violent ex-husband Bill to remain in control. She juggles long hours at her factory job with night school and parenting. Bill refuses to follow the terms of the divorce agreement and frequently drops by drunk to visit the children and give them gifts. When Linda objects to his unscheduled visits, he becomes violent and beats her in front of the children. Although the police are summoned, the possibility of violence continues to hang over this family. To “teach Linda a lesson,” Bill tries to take legal custody of the girls. She panics and flees with her daughters. At the end of the film, she decides to fight him for custody and buys “The Ticket Back.”

TOBACCO WARS

Grade Level: Adult

Details: 35 min., 1997, Kinetic Films

Synopsis: This program places the political and legal controversy surrounding tobacco in historical perspective. We learn why and how tobacco gained prominence, explore present-day lawsuits against tobacco companies, and examine FDA attempts to regulate the industry. While many of the issues are as yet unresolved, viewers will gain an understanding of the economic and political foundations of the debate.

TRIAL, TREATMENT AND TRANSFORMATION

Grade Level: Adult

Details: 19 min., 1997, PLNDP

Synopsis: The Physician Leadership on National

Drug Policy is a group of thirty-seven physicians who are examining the problem of substance abuse in this country and the policies our government employs to address this issue. This video presents evidence on the effectiveness of treatment programs as compared to incarceration and includes comments from a number of researchers from the field. In addition, it features the story of two successful drug court graduates.

THE TROUBLE WITH TOBACCO

Grade Level: 7-12, Adult Closed Captioned

Details: 11 min., 1996, United Learning, Inc.

Synopsis: As the program opens, a group of preteens goes to a deserted area to smoke cigarettes. One of the youngsters smokes because of peer pressure. Others smoke because it seems exciting and grownup. The narrator then explains that the tobacco industry spends billions of dollars every year to convince people that tobacco use is fun and glamorous. However, the reality of tobacco use is very different than what is depicted in expensive advertising campaigns. It goes on to explain the negative effects of smoking.

THEY CALL ME MR. TREJO

Grade Level: Adult

Details: 28 min., 1998, FMS

Synopsis: Danny Trejo, a former convicted felon who is now a noted Hollywood character actor, has been featured in such films as *Heat*, *From Dusk to Dawn*, *Desperado*, *Con Air*, *Anaconda* and *6 Days and 7 Nights with Harrison Ford*. From the time he was fourteen years old, Danny Trejo was a professional criminal. It took ten years of life behind bars in half a dozen prisons before he finally discovered the key to changing course.

In 1969, Danny was released from two months in the hole in Solitude prison when he became involved in a 12-step program and committed to take personal responsibility for his future. Danny Trejo tells his story with passion and honesty. He serves as an excellent role model not only to the troubled in his own Hispanic community but to any person struggling with issues of addiction and/or violent, lawless behavior.

TOBACCO: FATAL ADDICTION

Grade Level: Adult

Details: 25 min., 1995, CorVision

Synopsis: Bradley Morgan has decided to change his life today. He will quit smoking. Those who have kicked the habit describe how they escaped the physical, emotional and powerful psychological stranglehold of cigarettes and nicotine. The program lays out the devastating statistics on smoking. The program explores the awakening that occurs as a result of quitting. Increased energy, vitality and fewer worries are some of the positive changes cited by individuals who have successfully conquered

tobacco addiction.

TREATING CD IN DEAF CLIENTS

Grade Level: Adult Signed & Closed Captioned

Details: 92 min., 1993, Minn. Chem. Dept. Program

Synopsis: This is a professional development forum presented by Cynthia Weitzel, Consultant for the Minn. Chem. Dept. Program. Focuses on the treatment process: evaluation, treatment, and aftercare.

27th AND PROSPECT: ONE YEAR IN THE FIGHT AGAINST DRUGS

Grade Level: Adult

Details: 52 min., 1997, NCADI

Synopsis: Each New Year's Eve families come together to recite the litany of names of family, friends, neighbors and strangers who have died from drug-related accidents, violence or overdose in the past year.

UNDERSTANDING THE FEDERAL CONFIDENTIALITY REGULATIONS

Grade Level: Adult

Details: 2 @ 30 min., 1998, The Legal Action Center

Synopsis: This video training program covers the federal law requiring confidentiality of the records of people who seek alcohol and drug services. It contains the Legal Action Center's interpretation of that law and of the regulations and administrative and court decisions that implement it. Because many states also have laws governing the confidentiality of alcohol and drug treatment records, It is recommended that you also consult with a local attorney. This program comes with a guide and the 2 tapes

UP IN SMOKE: THE EXTREME DANGER OF SMOKING TOBACCO

Grade Level: 7-12, Adult

Details: 29 min., 1996, Human Relations Media

Synopsis: Young people know they shouldn't smoke. But do they really know why? This video presents the ugly side of nicotine addiction that is sure to persuade young viewers. Not only will viewers hear from their peers who assert that smoking causes wrinkles and bad breath, but they will also learn the truth from young adults who have lived through the horrors of emphysema, throat cancer, respiratory diseases, lung cancer and the development of a "hairy tongue." Among the speakers is Dan, an avid surfer who began smoking at 13 and was forced to have a laryngectomy at 37.

USE OF PSYCHOLOGICAL TESTING WITH CHEMICALLY DEPENDENT DEAF & HARD OF HEARING INDIVIDUALS

Grade Level: Adult Open Captioned & Signed

Details: 60 min., 1994, Minnesota Chem. Dep. Program

Synopsis: Part of the Chemical Dependency and Deafness Workshop presentation, Dr. Dickman discusses rationale for testing, selecting tests considering various factors, and gives samples of appropriate tests for deaf and hard of hearing.

VIOLENCE: REDUCING YOUR RISK

Grade Level: 9-12, Adult

Details: 30 min., 1993, CorVision

Synopsis: Violent crime is becoming a national emergency. The opportunity to be a victim exists at home, in the car, on the streets, even the workplace. Once a safe haven, work environments have increasingly become a dangerous place for both employees and managers. While the amount of violent crime steadily increases, so does the severity of the consequences. Violent crime today increasingly results in serious injury and in a few disturbingly more frequent cases, death.

WALLS THAT SPEAK: THE COMMUNITY PARTNERSHIP MURAL PROJECT

Grade Level: Adult

Details: 29 min., 1997, NCADI

Synopsis: This video documents a mural painting project in Santa Cruz County, California that used ethnic cultural expression as a substance abuse prevention strategy. This activity brought together 300 Hispanic/Latino youth and adults to create three murals with counter negative pro-drug and alcohol messages. The community Partnership Mural Project illustrates key strategies that can be implemented into substance abuse prevention efforts. These include (1) community involvement and the empowerment of young people, (2) fostering pro-social bonding between young people and their community, (3) utilizing mass media and marketing strategies to convey a positive pro-community message, and (4) mobilizing strengths of traditional cultures through ethnic-specific images, languages, and ideas. A video guide provides a step-by-step process for groups interested in replicating the Prevention Mural Series in their own communities.

THE WAR OF ADDICTION: BATTLE OF RELAPSE

Grade Level: 7-12, Adult

Details: 2 @ 30 min., 1998, GWC

Synopsis: Together for the first time, Father Joseph C. Martin and Delbert Boone, behind the walls of Hale Creek Correctional Facility in New York, talk with a group of inmates about addiction, hope and recovery. This message is appropriate for anyone in recovery.

1) Tape 1-30 min.

2) Tape 2-30 min.

WATCH WHAT YOU DRINK

Grade Level: College, Adult

Details: 15 min., 1997, AIMS Media

Synopsis: ABC News correspondent Tom Jarriel reports on growing concerns surrounding the sinister use of the drug rohypnol, also known as the "date rape drug." Originally developed as a surgical anesthetic and sleeping pill, rohypnol has quietly slipped into the mainstream of America. The drug offers a relatively inexpensive high without the hangover effects of beer or alcohol. However the drug, which is odorless and colorless, has been implicated in cases of sexual assault and rape, usually involving women who were unaware that rohypnol had been added to their drinks and often unable to remember what has happened to them. Tom Jarriel also interviews women who believe they were victims of the drug. Interviews with victims reveal similar stories of anger and despair.

WEDNESDAY CHILDREN SERIES

NOTE: For parts 1-4, See 1997 Update

5) JENNY

Grade Level: Adult

Details: 15 min., 1989, Media Guild

Synopsis: Outwardly brazen, tough, and looking much older than her seventeen years, Jenny Demand is caught trafficking drugs and arrested. Her unemployed father is often drunk. Her mother, who works as a waitress, seems to have little influence at home. The parents are constantly quarreling; Jenny had recently called the police because of their violence. Jenny feels inordinate contempt for her younger sister, Brenda who, she claims, is her father's favorite and a wimp. Gradually, the social worker draws out more of Jenny's story. Flashbacks reveal that her father has been sexually molesting her and that he is starting to turn to her younger sister. Jenny ends by asking, "What's going to happen to him? What are they going to do to my father?"

WHAT IS YOUR DRUG IQ?

Grade Level: 7-12, Adult

Details: 17 min., 1995, Syndistar, Inc.

Synopsis: Audience members can participate by offering "true/false" responses to each belief about current drugs of abuse. Students gather information on alcohol, marijuana, LSD, cocaine, heroin and inhalants.

WHO'S DRIVING?

Grade Level: Adult

Details: 23 min., 1995, Hazelden

Synopsis: For impaired driving offenders, as a tool for DUI/DWI programs. Helps clients understand their social and personal responsibilities and choices, as well as the real human costs of impaired driving.

WITHOUT WARNING

Grade Level: Adult

Details: 17 min., 1994, Kinetic, Inc

Synopsis: Parents share personal stories of losing their children and young adults to alcohol poisoning.

A WOMEN'S HEALTH: SMOKING

Grade Level: 9-12, Adult

Details: 10 min., 1995, CorVision

Synopsis: The consequences of smoking are explored in this video hosted by actress/singer Rita Moreno.

Janet Sackman, a photographer's model who glamorized smoking in LIFE Magazine a generation ago, became addicted to cigarettes when an executive suggested that she would become convincing if she smoked. Today, despite her battle with throat and lung cancer, Ms. Sackman is educating children about the dangers of smoking.

Today, a high percentage of the 3,000 new smokers who start each day are girls. Almost every cigarette ad aimed at girls uses the word "slim" or "slender" and stresses the use of cigarettes for weight control. Actress Brooke Shields knows how compelling the "body images" created by advertising appear. She tells viewers that "smoking is going to get you further away from who you really are and the beauty of who you are."

WORKPLACE VIOLENCE: THE RISK FROM WITHIN

Grade Level: Adult Closed Captioned

Details: 24 min., 1993, CorVision

Synopsis: Workplace stress doesn't have to culminate in employee violence. Open channels of communication provide outlets for employees to express their personal and professional frustrations. Knowing how, when and with whom to open those channels is the subject of The Risk from Within. Even trained professionals can't reliably predict a person's capacity for violence. But managers can learn to observe the telling signs of excessive stress that might be red flags pointing to more dangerous behavior to come.